

# Clearblue®

## ADVANCED Pregnancy Test

With Weeks Indicator

## DIGITAL

- If testing from the day the period is due, you can test at any time of the day to find out if you are pregnant.
- If testing before your period is due, use the first urine of the day.
- For an accurate Weeks Indicator result, you must use the first urine of the day.
- Avoid excessive fluid intake before testing.

**Please read this leaflet carefully before doing a test.**

### 1 DO THE TEST

**When you are ready to test, remove the Test Stick from the foil wrapper and take off the blue cap. Use the Test Stick straight away.**



Throughout testing **never** hold the Test Stick with the Absorbent Sampler pointing upwards.

### EITHER TEST IN YOUR URINE STREAM

- Place just the Absorbent Sampler pointing downwards in your urine stream **for 5 seconds only**.
- Take care not to get the rest of the Test Stick wet.
- You may wish to replace the cap, and lie the Test Stick flat.



OR

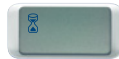
### COLLECT A SAMPLE OF YOUR URINE IN A CLEAN, DRY CONTAINER

- Place just the Absorbent Sampler pointing downwards in the urine, as shown, **for 20 seconds only**.
- You may wish to replace the cap, and lie the Test Stick flat.



### 2 WAIT...

- The Wait symbol will flash to show the test is working.
- When the Wait symbol stops flashing your result will appear. If the Wait symbol does not appear after you have used the test, refer to question 6 in the Questions and Answers.



### 3 SEE YOUR RESULT

The Clearblue® Advanced Pregnancy Test has a **Weeks Indicator** which provides an estimate of when you conceived. This information is shown on the Display together with a 'Pregnant' result.

- Within **3 minutes**, the Display will show your result.
- A 'Pregnant' result may appear on the Display **before** the Weeks Indicator result. **Continue to wait** until the Wait symbol stops flashing to see your Weeks Indicator result. This may take up to 3 minutes.
- Some results may be shown in as little as 1 minute.
- Your result will remain on the Display for approximately 24 hours.
- If your result is 'Pregnant' you should see your doctor who can advise you on what steps you should take next. Your doctor will calculate your stage of pregnancy based on the first day of your last period.
- Conception occurs around 2 weeks before your next period is due. The Weeks Indicator provides an estimate of when you conceived.

- The Weeks Indicator is 93% accurate at detecting when you conceived. The estimate is based on the level of the pregnancy hormone hCG (human Chorionic Gonadotrophin) in your urine. The level of hCG varies from woman to woman, and it is therefore possible that the Weeks Indicator might occasionally give misleading results. The accuracy of the 'Pregnant'/'Not Pregnant' result is over 99% when testing from the day the period is due.

#### Test Errors

Please read the section 'Test Errors' if you have used the Test Stick and the Display does not show any of the results on this page.

#### How to interpret the results

Results	Time since conception	How your doctor will date your pregnancy (based on a 28 day cycle)*
Not Pregnant Pas enceinte	<b>Your result is Not Pregnant</b> refer to question 12 in the Questions and Answers.	-
Pregnant Enceinte 1-2	<b>Your result is Pregnant</b> and you conceived approximately 1-2 weeks ago.	3-4 weeks
Pregnant Enceinte 2-3	<b>Your result is Pregnant</b> and you conceived approximately 2-3 weeks ago.	4-5 weeks
Pregnant Enceinte 3+	<b>Your result is Pregnant</b> and you conceived more than 3 weeks ago.	5+ weeks

\*Your doctor will date your pregnancy from the first day of your last period, not from when you conceived.

### QUESTIONS & ANSWERS

**1 How does Clearblue® Advanced Pregnancy Test work?** When you are pregnant your body produces the pregnancy hormone hCG (human Chorionic Gonadotrophin). The amount of hCG in your body increases in the early stages of pregnancy. Clearblue® can detect tiny amounts of this hormone in your urine. (The sensitivity of this test is 25 mIU/ml). (Based on the level of hCG in your urine, the Weeks Indicator provides an estimate of when you conceived.

**2 How accurate is Clearblue® Advanced Pregnancy Test in detecting pregnancy?** In laboratory tests Clearblue® Advanced Pregnancy Test is more than 99% accurate in detecting whether or not you are pregnant, when used from the day your period is due. If you test before your period is due and get a 'Not Pregnant' result, there is still a chance that you may be pregnant. Refer to question 4.

**3 How accurate is the Clearblue® Advanced Pregnancy Test with Weeks Indicator?** The Weeks Indicator is 93% accurate at detecting when you conceived. The estimate is based on the level of hCG in your urine. The level of hCG varies from woman to woman, and it is therefore possible that the Weeks Indicator might occasionally give misleading results. The Weeks Indicator has been shown to be 97% in agreement with the later ultrasound dating scan (11-13 weeks). Based on studies of 187 women comparing results (1-2, 2-3, 3+ weeks since conception) to ultrasound dating. If you are testing more than 6 weeks after conception the Weeks Indicator may give unexpected results. This is because the level of hCG in the urine is too high for the test to provide an accurate estimate of the time since conception.

**4 When can I test with Clearblue® Advanced Pregnancy Test?** Clearblue® Advanced Pregnancy Test can be used up to 4 days before your period is due. If you test before your period is due and get a 'Not Pregnant' result, there is still a chance that you may be pregnant. See the chart below for results from clinical testing of Clearblue® Advanced Pregnancy Test with early pregnancy samples.

#### Testing Early

Clearblue® recommends that you test from the day your period is due. However, the pregnancy hormone increases rapidly in early pregnancy and Clearblue® Advanced Pregnancy Test can be used to test up to 4 days before your period is due. In clinical testing with early pregnancy samples Clearblue® Advanced Pregnancy Test gave the following results:

Number of days before the period is due	0	-1	-2	-3	-4
% of samples from pregnant women giving 99% 98% 97% 90% 65% a 'Pregnant' result					

If the result is 'Not Pregnant', and pregnancy is still suspected refer to question 12.

To work out when your period is due, calculate your usual cycle length by counting the number of days from the first day of your period until the day before your next period starts.

- If you have irregular cycles, you should allow for your longest cycle in recent months before testing.
- If you have no idea when your period is due we recommend testing not less than 19 days after the last time you had unprotected sex.

#### 5 Can any medication or medical conditions affect the result?

- Always read manufacturers' instructions for any medication you are taking before conducting a test.
  - Fertility drugs containing hCG can give misleading results (these fertility drugs are usually given by injection, and testing too soon after administration may give a false 'Pregnant' result).
  - Other fertility therapies (such as clomiphene citrate), painkillers and hormonal contraceptives (e.g. contraceptive pill) should not affect the result.
  - If you have recently stopped using hormonal contraception or are using fertility therapies like clomiphene citrate, your periods may be irregular, leading you to test too soon.
  - If you have recently been pregnant (even if not carried to full term) you may get a false 'Pregnant' result.
  - If you are in or approaching the menopause you may obtain a false 'Pregnant' result even though you are not pregnant.
  - Ectopic pregnancy and ovarian cysts can give misleading results.
  - Multiple and ectopic pregnancies can give misleading Weeks Indicator results.
- If you do get unexpected results you should discuss them with your doctor.

#### 6 I have used the test, but the Wait symbol has not appeared. What does this mean?

The test has not worked correctly. Please refer to Test Errors.

#### 7 I have used the test but no result has appeared on the Display. What does this mean?

Your result should appear on the Display within 3 minutes. If no result appears please refer to Test Errors.

#### 8 My test says I'm pregnant. What should I do?

If your result is 'Pregnant' you should see your doctor who can advise you on what steps you should take next. The Weeks Indicator is only an estimate as to when conception occurred. Your doctor will estimate the stage of your pregnancy based on the first day of your last period. Conception occurs around 2 weeks before your next period is due.

#### 9 My test says I'm pregnant but I do not think I conceived when the Weeks Indicator says I did. Is this possible?

The Weeks Indicator is 93% accurate when testing with the first urine of the day. Some medication or medical conditions may affect the result. Refer to question 5.

#### 10 I tested yesterday and the result was 'Pregnant'. I have tested again today, and according to the Weeks Indicator the number of weeks since I conceived has reduced. What should I do?

The level of hCG fluctuates as it rises and it is therefore possible that the Weeks Indicator

will give unexpected results if you test on consecutive days. Test again in 5 days and if the Weeks Indicator results still show that the number of weeks since you conceived has reduced, please refer to question 12.

#### 11 I previously tested 'Pregnant' but have tested again and got a 'Not Pregnant' result, or my period has started. What does this mean?

Whilst the test is over 99% accurate at detecting the pregnancy hormone from the day the period is due, it's possible to get a pregnant result and find out later that you're not pregnant (i.e., you may later get a not pregnant result, or your period may start). This may be due to natural loss during the early stages of pregnancy, known as 'early pregnancy loss', which sadly is not uncommon, as around 1 in 4 pregnancies end in early pregnancy loss. If you do get unexpected results, ask your doctor for advice.

#### 12 I tested a week ago and the result was 'Pregnant'. I have tested again, and according to the Weeks Indicator the number of weeks since I conceived has reduced. What should I do?

If you tested according to the instructions, using the first urine of the day on both occasions, and the Weeks Indicator gave unexpected results, you should see your doctor.

#### 13 My Test says I'm 'Not Pregnant'. What should I do?

You may not be pregnant, or the level of pregnancy hormone may not be high enough to be detected, or you may have miscalculated the day your period was due.

- If you tested early, test again when your period is due.
- If your period is overdue, test again in 3 days time. If this test gives you a 'Not Pregnant' result and you still have not had your period, see your doctor.

### TEST ERRORS

**Book Error** - an error has occurred during testing.

It may be that:

- The Absorbent Sampler was not kept pointing downwards or the test was not laid flat after urine was applied.
- Too much or too little urine was applied. You should test again using a new test taking care to follow the instructions.

**Blank Error** - The test has not performed as expected. This may be because the instructions for use were not followed. You will need to perform another test. Please follow the instructions for use carefully.

### DISPOSING OF YOUR TEST

Remove the battery prior to test stick disposal. Battery disposal should be in accordance with the appropriate recycling scheme. To remove, insert a coin into the slot at the end and twist to break open the back of the test stick. If battery is not visible, slide the battery holder out in the direction of the arrow to assist removal. **Caution:** Do not disassemble, recharge or dispose of batteries in fire.



This Class B apparatus complies with Canadian ICES-003.

Home pregnancy test. Use once. For in vitro diagnostic use. Not for internal use. Keep out of the reach of children. Allow to reach room temperature for 30 minutes prior to testing if stored refrigerated. Do not use if the foil wrapper containing the Test Stick is damaged. Do not use if the Test Stick is past its use by date. This product incorporates a battery. Dispose of in accordance with local regulations. These instructions are for model number 790028.



Health Canada advises pregnant women to abstain from alcohol consumption as this may lead to harmful effects on the baby such as Fetal Alcohol Syndrome Disorders (FASD). More information is available at [www.hc-sc.gc.ca](http://www.hc-sc.gc.ca).



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Monday-Friday 8:30 a.m. - 5:00 p.m. EST.

**1-888-698-5039**

Please have the **LOT** numbers from both the outer and inner packaging. Calls are recorded for training and quality control.

**www.clearblue.com**

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LOT	Batch Code	Temperature Limitation 2°C - 30°C (36°F - 86°F)
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